# Sprague Basketball Communication Plan

Problems will always arise. Basketball is a long season with a lot of "highs and lows". Here are the steps that we are asking you to take if there is a problem:

Step 1: Ask Your child about the incident, have your child ask a coach about the incident or problem.

### If that does not solve the issue...

**Step 2**: Contact your child's head coach to set up a meeting, this will typically happen after a practice (If he is on the freshman team send an email to the Freshman Head Coach, etc). Contact information can be found on the back page of this document.

"24 Hour Rule" -> Please wait 24 hours after games in order to contact a child's head coach about issues (Tensions are usually higher after games for both coaches, players and parents).

#### If that does not solve the issue....

**Step 3**: Contact the head coach of the program to set up a meeting, this will typically happen after a practice (Tyler Lewis). Contact Information can be found on the back of this page.

### If that does not solve the issue...

**Step 4**: Contact the Athletic Director to set up a meeting (Joshua Thorp). Contact Information can be found on the back of this page.

## No member of the Sprague High School Coaching Staff will talk to a parent about:

- Another student-athlete's playing time
- Another student-athlete (Unless it is a positive thing)
- "Enhancing" or changing our offensive and defensive systems
- \* After or before a game is not an appropriate time to have a meeting with a coach...saying hello and being supportive is welcome and encouraged.

### Members of the Sprague High School Coaching Staff Would Love to Talk to Parents About:

- Ways to get the most out of your student-athlete on and off the court
- Ways to improve your student-athletes grades or integrity in the classroom
- Team parties/team dinners
- Fundraising ideas or fundraisers you would like to run
- Morale of your student-athlete (Good or bad)
- A motivational technique we used on your student-athlete
- A consequence that we have given to your student-athlete

## Sprague Basketball Handbook (2024-2025 Season)

### Your Student-Athlete Is Responsible For Communicating:

- When they are going to miss or be late to practice - BEFORE PRACTICE (Unless they are deathly ill or an emergency has happened your student-athlete (not a parent) is responsible for this).

# \*Keep in mind it is an expectation that your child is at every practice - Playing time may be lost due to a missed practice (depending on circumstances)

- When they have an injury or illness
- When they have a problem
- When they are confused about their role
- Ways they think we can enhance our program

### Techniques the Coaching Staff Uses to Communicate with Your Child:

- \* We stress eye to eye contact whenever anyone is communicating with anyone in the program.
- Individual Meetings
- Communication in the halls
- Meetings about academic behavior, integrity, or issues that have arose on or off the court
- Daily Coaching throughout practice/games
- HUDL (film) sessions
- Scouting reports/game preparation
- Team Bonding Activities
- Pre Season Interview Role Explanation/ Individual Meeting Throughout The Season/Post Season Goal Setting with Coaching Staff

### **Sprague Basketball Contact Information**

# 1. Varsity Head Coach: Tyler Lewis

- Email: Lewis Tyler@salkeiz.k12.or.us

- Cell: 503.569.0586

### 2. JV Head Coach: Cam Henderson

- Email: camhenderson0@gmail.com

- Cell: 971.917.1544

# 3. JV2 Head Coach: Bryson Chambers

- Email: chambers bryson@salkeiz.k12.or.us

- Cell: 971.345.9556

### 4. Athletic Director: Joshua Thorp

- Email: thorp joshua@salkeiz.k12.or.us