

Sprague Boys Basketball

Upcoming Dates Leading Up to Tryouts (2023-2024 Season)

* For more information visit our website: SpragueMBB.com

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* NOTE: Some changes were made to the original Fall workout calendar due to a number of different factors.

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10/29 Optional Practice 1 (5-7 PM)	10/30 10th, 11th, 12th Graders Only Optional Practice (6:30-8:30 PM - Upper Gym)	10/31 OFF	1 NO SCHOOL - CONFERENCES	2 NO SCHOOL - CONFERENCES	3 Football 1st Round Playoffs NO SCHOOL	4 OFF
5 Optional Practice 3 (5-7 PM)	6 OFF	7 Optional Practice 4 (3:45 - 5:45 PM)	8 Optional Practice 5 (3:45 - 5:45 PM)	9 10th, 11th, 12th Graders Optional Practice 6 (3:45 - 5:45 PM - Upper Gym) Juniors and Seniors Help with Jr. OLY Coaches Clinic (6-7:30 PM)	10 OFF Football 2nd Round Playoffs	11 OFF
12 OFF	13- Tryouts Day 1 10th-12th Boys Tryouts (6-8:15PM) 9th Boys Tryouts 1 (6:45-9PM)	14 - Tryouts Day 2 10th-12th Boys Tryouts (6-8:15 PM) 9th Boys Tryouts 2 (6:45--9 PM) <i>* JV and Varsity Teams Will Be Set By The End of the Day</i>	15 - Tryouts Day 3 (JV2) Varsity/JV Boys Practice (6-8:30 PM) JV2 Tryouts 3 (6:45-9 PM - Upper Gym) <i>* JV2 Team Set By The End of the Day</i>	16 Study Hall @ Lunch Program Team Meeting (4:30-5:45 PM - Rm. 121) All Teams Boys Practice (6-8:30 PM)	17 Study Hall @ Lunch Snap Raise Meeting (5:30 PM - Lobby Outside Gym) All Teams Boys Practice (6-8:30 PM)	18 Locker, Jersey, Gear Handout (9 AM - Locker Room) All Teams Boys Practice (10 AM -12:30 PM) OLY Olympics Team Bonding and Dinner @ SPRAGUE (4-7 PM)

Before Tryouts You NEED:

1. Up to Date Physical
2. All basketball papers turned in to the main office