

Sprague Boys Basketball Master Calendar (2022-2023 Season)

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* NOTE: Some changes were made to the original Fall workout calendar due to a number of different factors.

November 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 OFF	14 - Tryouts Day 1 10th-12th Boys Tryouts (6-8:15 PM) 9th Boys Tryouts 2 (6:45-9 PM)	15 - Tryouts Day 2 10th-12th Boys Tryouts (6-8:15 PM) 9th Boys Tryouts 2 (6:45--9 PM)	16 Study Hall @ Lunch Varsity/JV Boys Practice (6-8:30 PM) Sign Up For Snap Raise (5:15-5:45 PM - Rm. 121) Frosh Tryouts 3 (6:45-9 PM - Upper Gym)	17 Study Hall @ Lunch Boys Basketball Team Meeting in Room 121 (5-5:45 PM) All Teams Boys Practice (6-8:30 PM)	18 Snap Raise Meeting (5:30 PM - Lobby Outside Gym) All Teams Boys Practice (6-8:30 PM)	19 Jersey/Gear Handout Day (10 AM - Lobby By Gym) All Teams Boys Practice (11 AM - 1:30 PM) Varsity TOP GOLF Team Bonding (Afternoon - TBD)
20 OFF	21 Study Hall @ Lunch Team Pictures (4 PM - Dance Room) Varsity Fim (5-5:45 PM: Rm. 121) JV/Varsity Practice (6 - 8:30 PM) Frosh Practice (6:45 - 8:30 PM)	22 Study Hall @ Lunch All Teams Boys Practice (6-8 PM) Boys Parent Meeting Library (8:15-8:45 PM)	23 - NO SCHOOL All Teams Boys Practice (11 AM - 1:30 PM)	24 OFF - Thanksgiving	25 - NO SCHOOL Varsity Film in Rm. 121 (4:30-5:15 PM) All Teams Boys Practice (5:15-8 PM)	26 - HOST OAB Varsity Boys Scrimmage (6-9 PM) JV/Frosh OFF
27 OFF	28 Study Hall @ Lunch Varsity Fim in Rm. 121 (5-5:45 PM) JV/Varsity Practice (6 - 8:30 PM) Frosh Practice (6:30-8:45)	29 Study Hall @ Lunch Varsity Scouting Report Rm. 121 (4:45-5:45 PM) All Teams Boys Practice (6-8:15 PM)	30 Game @ Century Varsity Shootaround (3:30-4:15 PM)	12/1 Var. Film/Scout Report (6 - 6:45 PM) All Teams Boys Practice (3:45 - 6 PM) Family Dinner 1 @ Coach Graneto's	12/2 Boys Game Home vs. Roseburg Boys Shootaround (3:30-4:15 PM)	12/3 Varsity/JV Practice (8-9:30 AM - UPPER) Hosting OAB Tourney (9:30 AM - 8 PM) FROSH OFF

December 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>Host OAB Tourney (8 AM - 4 PM)</p>	<p>5</p> <p>Study Hall @ Lunch</p> <p>Practice (3:45-6 PM)</p> <p>Varsity Boys Scouting Report - Room 121 (6-6:45 PM)</p>	<p>6</p> <p>Game @ McDaniel</p> <p>Study Hall @ Lunch</p> <p>Varsity Shootaround (3:30-4:15 PM)</p>	<p>7</p> <p>Boys Practice (3:45-6 PM)</p>	<p>8</p> <p>Boys Practice (3:45-6 PM)</p> <p>Varsity Boys Scouting Report - Room 121 (6-6:45 PM)</p> <p>Family Dinner 2 (TBD)</p>	<p>9 - NO SCHOOL</p> <p>Boys Game vs. Southridge</p> <p>Boys Shootaround (Noon - 1 PM)</p>	<p>10</p> <p>OFF</p> <p>Hosting Capital City Youth Tourney (9:30 AM - 8 PM)</p>
<p>11</p> <p>Boys Hosting Capital City Youth Tourney (8 AM - 8 PM)</p>	<p>12</p> <p>Study Hall @ Lunch</p> <p>Boys Practice (3:45-6 PM)</p> <p>Varsity Scouting Report (6-6:45 PM)</p>	<p>13</p> <p>Game @ Grants Pass</p>	<p>14</p> <p>Boys Practice (3:45-6 PM)</p>	<p>15</p> <p>Boys Practice (3:45-6 PM)</p> <p>Varsity Scouting Report (6-6:45 PM)</p> <p>Family Dinner 3 (TBD)</p>	<p>16</p> <p>Games @ Capital City Classic</p> <p>Varsity Shootaround (3:30-4:15 PM)</p>	<p>17</p> <p>Games @ Capital City Classic</p> <p>Host OAB Tourney</p> <p>Varsity Shootaround (TBA)</p>
<p>18</p> <p>OFF</p> <p>Host OAB Tourney</p>	<p>19 - NO SCHOOL</p> <p>Boys Games @ Capital City Classic</p> <p>Boys Shootaround (10 AM - NOON)</p>	<p>20 - NO SCHOOL</p> <p>Boys Games @ Capital City Classic</p> <p>Boys Shootaround (10 AM - NOON)</p>	<p>21 - NO SCHOOL</p> <p>Boys Games @ Capital City Classic</p> <p>Shootaround (TBA)</p>	<p>22 - NO SCHOOL</p> <p>OFF</p>	<p>23 - NO SCHOOL</p> <p>OFF</p>	<p>24</p> <p>OFF</p>
<p>25</p> <p>OFF</p>	<p>26 - NO SCHOOL</p> <p>All Teams Practice (6-8 PM)</p>	<p>27 - NO SCHOOL</p> <p>Frosh Boys Practice (11 AM - 1 PM)</p> <p>JV/Varsity Practice (5:30-8 PM)</p>	<p>28 - NO SCHOOL</p> <p>Varsity Scouting Report - Rm. 121 (9-10 AM)</p> <p>Boys Practice (10 AM - 12:30)</p>	<p>29 - NO SCHOOL</p> <p>Boys Game at McMinnville Tourney</p> <p>Boys Shootaround (TBA)</p>	<p>30 - NO SCHOOL</p> <p>Boys Game at McMinnville Tourney</p> <p>Boys Shootaround (TBA)</p>	<p>31</p> <p>Boys Practice (10 AM - 12:30)</p>

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>OFF</p>	<p>2 - NO SCHOOL Varsity Scouting Report/Film (9-10 AM)</p> <p>All Teams Boys Practice (11-1:30 PM)</p>	<p>3 - BACK TO SCHOOL</p> <p>Boys Game @ Forest Grove</p> <p>Study Hall @ Lunch</p> <p>Varsity Shootaround (3:30-4:15 PM)</p>	<p>4</p> <p>Wrestling Meet at Sprague</p> <p>Practice TBA</p> <p>Family Dinner 4 (TBD)</p>	<p>5</p> <p>Boys Game vs. McNary</p> <p>Boys Shootaround (3:30-4:15 PM)</p>	<p>6</p> <p>All Teams Boys Practice (5:45-7:45 PM)</p>	<p>7</p> <p>OFF</p>
<p>8</p> <p>All Teams Practice (5-7 PM)</p> <p>Varsity Scout Report (3:45-4:45 PM)</p>	<p>9</p> <p>Study Hall @ Lunch</p> <p>Boys Game @ North Salem</p> <p>Boys Shootaround (3:30-4:15 PM)</p>	<p>10</p> <p>Study Hall @ Lunch</p> <p>All Teams Practice (5:45-7:45 PM)</p>	<p>11</p> <p>Wrestling Meet at Sprague</p> <p>Practice TBA</p> <p>Family Dinner 5 (TBD)</p>	<p>12</p> <p>Boys Game vs. South Salem</p> <p>Boys Shootaround (3:30-4:15 PM)</p>	<p>13</p> <p>All Teams Boys Practice (5:45-7:45 PM)</p>	<p>14</p> <p>OFF</p> <p>Dance Competition (ALL DAY)</p>
<p>15</p> <p>Hosting OAB Tourney (8 AM - 5 PM)</p> <p>All Teams Boys Practice (5-7 PM)</p> <p>Varsity Scout Report (3:45-4:45 PM)</p>	<p>16 - NO SCHOOL</p> <p>Boys Game @ West Salem</p> <p>Boys Shootaround (11 AM - 1 PM)</p>	<p>17</p> <p>Study Hall @ Lunch</p> <p>All Teams Boys Practice (5:45-7:45 PM)</p>	<p>18</p> <p>All Teams Boys Practice (5:45-7:45 PM)</p>	<p>19</p> <p>JV/Frosh Practice (5:45-7:45 PM)</p> <p>Varsity Practice (5:45-6:45 PM)</p> <p>Varsity Team Going to "Scout" A League Game (TBD)</p>	<p>20</p> <p>All Teams Boys Practice (5:45-7:45 PM)</p> <p>Girls Practice (3:45-5:45 PM)</p>	<p>21</p> <p>OFF</p>
<p>22</p> <p>Boys Practice (5-7 PM)</p> <p>Varsity Scout Report (3:45-4:45 PM)</p>	<p>23</p> <p>Study Hall @ Lunch</p> <p>Boys Game @ McNary</p> <p>Boys Shootaround (3:30-4:15 PM)</p>	<p>24</p> <p>Study Hall @ Lunch</p> <p>All Teams Boys Practice (5:45-7:45 PM)</p>	<p>25</p> <p>All Teams Boys Practice (5:45-7:45 PM)</p> <p>Boys Scouting Report in Rm. 121 (4:45-5:45 PM)</p> <p>Family Dinner 6 (TBD)</p>	<p>26</p> <p>Boys Game vs. North Salem</p> <p>Boys Shootaround (3:30-4:15 PM)</p>	<p>27</p> <p>All Teams Boys Practice (5:45-7:45 PM)</p>	<p>28</p> <p>Hosting OAB Tourney (8 AM - 8 PM)</p>

February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1/29 Hosting OAB Tourney (8 AM - 3 PM)	1/30 - Finals All Teams Practice (5:30-7:30 PM)	1/31 - Finals All Teams Practice (5:30-7:30 PM) Varsity Scouting Report (4:15-5:15 PM)	1 - Finals Boys Game @ South Salem Boys Shootaround (3:30-4:15 PM)	2 - NO SCHOOL All Teams Practice (NOON - 2 PM) Varsity Scouting Report (11 AM - NOON) Family Dinner 7 (TBD)	3 - NO SCHOOL Boys Game vs. West Salem Varsity Shootaround (3:30-4:15 PM)	4 OFF Hosting OAB Tourney
5 OFF Hosting OAB Tourney	6 All Teams Practice (3:45-5:30 PM)	7 All Teams Practice (3:45-5:30 PM) Varsity Team Going to Scout League Opponent (TBD)	8 All Teams Practice (3:45-5:30 PM)	9 All Teams Practice (3:45-5:30 PM) Varsity Scouting Report (5:30-6:15 PM) Family Dinner 8 (TBD)	10 Game @ North Salem Boys Shootaround (3:30-4:30 PM)	11 OFF
12 OFF	13 All Teams Practice (3:45-5:30 PM) Varsity Boys Scouting Report (5:30-6:15 PM)	14 Game vs. McNary Varsity Shootaround (3:30-4:30 PM)	15 All Teams Practice (3:45-5:30 PM)	16 All Teams Practice (3:45-5:30 PM) Varsity Scouting Report (5:30-6:15 PM) Family Dinner 9 (TBD)	17 Game vs. South Salem * Senior Night Varsity Shootaround (3:30-4:15 PM)	18 OFF Hosting OAB Tourney (8 AM - 8 PM)
19 OFF Hosting OAB Tourney (8 AM - 8 PM)	20 - NO SCHOOL Hosting OAB Tourney (8 AM - 3:45 PM) Boys Practice (3:45-5:30 PM)	21 All Teams Practice (3:45-5:30 PM) Varsity Team Going to Scout League Opponent (TBD)	22 All Teams Practice (3:45-5:45) 9th - 11th Grade Boys Program Meeting -> How to get better at Basketball Reflection (5:45-6:45 PM)	23 Varsity Boys Practice (3:45-5:30 PM) Varsity Scouting Report (5:30-6:15 PM) Family Dinner 10 (TBD)	24 BYE OSAA Ranking Freeze Game @ West Salem Boys Shootaround (3:30-4:15 PM)	25 Dance Competition (ALL DAY)